

Move Christmas Miles for Muscles

Children's Charity 2 Mile Trail & Walk

26th November 2017

Holly Hill Woods, starting from the leaf gate at 10:00am

Following the success of the last 2 years, Emmie (Octopus class) would like to invite you to join her and her brother Finn (3DR) for a charity walk through HollyHill filled with Christmas delight!

Walking is easy for most children but for Emmie and others like her it is a challenge, as she has a muscle wasting condition called Congenital Myotonic Dystrophy. This walk will raise money for the CMMD Fight Fund the only organisation dedicated to raising money specifically for research into CMMD.

Sponsorship is **optional** but if you raise a minimum of £25 for one child or £30 for two children they will receive a **free t-shirt**!

Limit of 50 children, prize for every child!, 2 options to enter:

1. Pay £10 per family in advance or on the day but please drop me a line if you wish to join us to ensure I have enough chocolate!
2. Raise sponsorship, please contact me by 17th November so I can send you a sponsorship pack.

Contact Sian Rixon

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www.cmmd.uk



Congenital
Myotonic
Dystrophy
Fight Fund

**Muscular
Dystrophy UK**

Fighting muscle-wasting conditions



Congenital Myotonic Dystrophy Fight Fund is a family fund associated with Muscular Dystrophy UK.

All money raised by the family fund is ring-fenced according to their specification, the Fight Fund are dedicated to raising money for research and providing family support

www.musculardystrophyuk.org

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